



## YOUR APPOINTMENT: PATIENT INFORMATION BROCHURE

### What is Hand Therapy?

Hand Therapy is the art and science of rehabilitation of the upper limb - shoulder to hand. It involves evaluation and testing to assess the injured limb from which a specific treatment program can be designed. A variety of specialised treatment techniques are used to achieve these goals.

### Who is Re-wired Hand Therapy?

Re-wired is a team of occupational therapists that assess, treat and provide rehabilitation to patients with hand and upper limb injuries or conditions. Our therapists also have extensive experience in treating nerve injuries, scar management and driving rehabilitation.

### What are the days/hours of operation?

Most clinics are open Monday-Friday 8am-6pm.

### Meet the Team

<b><u>Practice Manager:</u></b>	<b>Jacqueline Liistro</b>
<b><u>Director:</u></b>	<b>Mel McCulloch</b>
<b><u>Occupational Therapists (Hand Therapists):</u></b>	
<b><u>East Melbourne:</u></b>	<b>Hayley Celata Anna Thompson Anthony Assaad</b>
<b><u>Berwick:</u></b>	<b>Michael Wishart</b>
<b><u>Chadstone:</u></b>	<b>Sara Brito Terri Johnston Michael Wishart</b>
<b><u>Sunbury:</u></b>	<b>Anthony Assaad Hayley Celata</b>
<b><u>Balwyn:</u></b>	<b>Anthony Assaad</b>

### Contact Details and Locations

**Phone:** 1300 99 66 90

**Fax:** 1300 99 66 60

**Website:** [www.re-wired.com.au](http://www.re-wired.com.au)

**Facebook:**

[www.facebook.com/rewiredht](http://www.facebook.com/rewiredht)

Re-wired Hand Therapy has rooms at:

#### **East Melbourne:**

Gipps Street Consulting Suites  
Suite 52, Level 5  
166 Gipps Street

#### **Berwick:**

Berwick Specialist Suites  
Suite 2, Level 1  
50 Kangan Drive

#### **Chadstone:**

Waverley Plastic Surgery  
169 Waverley Road  
(Cnr Huntingdale Road)

#### **Sunbury:**

Vineyard Medical Centre  
2-6 Sussex Court  
(Cnr Vineyard Road and Sussex Court)

#### **Balwyn:**

Balwyn Sports & Physiotherapy Centre  
Level 3, 379-381 Whitehorse Road



### What to bring?

**All patients** should bring along to your appointment any x-rays, letters, test results or other relevant information relating to your injury/condition.

**Private patients** only need to bring your pensioner card, if you are claiming pensioner rates. Re-wired Hand Therapy accepts healthcare cards, aged and disability pension cards. Please bring your GP care plan, if applicable.

**Workers compensation and TAC patients** must have a referral and need to ensure you have your claim number, insurer name and address, and case manager name and contact number. This can be provided to you by your employer.

### How long will my appointment take?

Please allow between 30 and 60 minutes for your appointments. This will enable your therapist adequate time for a comprehensive session.

### How much will my appointment cost?

If you are under a **WorkCover plan** or are a **Department of Veteran Affairs or Transport Accident Commission patient**, there will be no cost on the day you attend therapy. We bill only at the scheduled fee thereby ensuring there is no out of pocket cost to you. (Please be aware TAC patients are responsible for the medical excess).

**Private patients** may be able to claim a portion of your consultation and splinting costs through your private health insurance if you have extras cover.

Therapy consultations are *not* claimable under Medicare unless patients have been placed on a Chronic Disease Management (CDM) plan by your GP (formally known as an EPC plan), whereby you will be able to claim the Medicare rebate.

The following fees apply for private therapy services:

	Private	Pensioner
Initial Consultation	<b>\$105.00</b>	<b>\$95.00</b>
Follow-up Consultation	<b>\$95.00</b>	<b>\$85.00</b>

Additional costs may be required on the day of treatment for items such as splints. Depending on the splint required for your injury, the price will vary from \$10.00 to \$280.00.

We treat many injuries and conditions including:

- Nerve Injuries
- Brachial Plexus Injuries
- Nerve and/or Muscle Transfers
- Arthritis - Osteo and Rheumatoid Conditions
- Wrist and Hand Fractures
- Elbow and Finger Dislocations
- Tendon Injuries
- Scar Management
- Sports Injuries
- Overuse Injuries
- Soft Tissue Injuries



Dynamic splints can gradually stretch stiff joints.



Splints are fabricated on site on the day of your consultation.